

Vocabulary

play, go, do, go for a

1a Write *play, go, do* or *go for a* in the correct form.

- In winter I usually go skiing and in summer I _____ tennis.
- I go to the gym three times a week. I _____ aerobics on Mondays and Wednesdays and _____ swimming on Saturdays.
- My boyfriend _____ jog every day. I prefer to stay at home and _____ yoga.
- When I was younger I used to _____ athletics. Now I sometimes _____ cycling.
- I love water sports. If the weather is windy when I'm on holiday, I _____ windsurfing, and if it's hot I _____ swim.
- One of my favourite hobbies is _____ basketball. To train, I _____ running twice a week and once a week I _____ bike ride.
- An advantage of golf is that men and women can _____ it together.

b Complete the rules.

- _____ + verb-*ing*
- _____ + games
- _____ + noun
- _____ + individual activities

Qualities for sport

3a Match verbs and words.

be	strong
	long legs
	fast
	stamina
	tall
	muscular
have	patience
	quick reflexes
	concentration
	calm

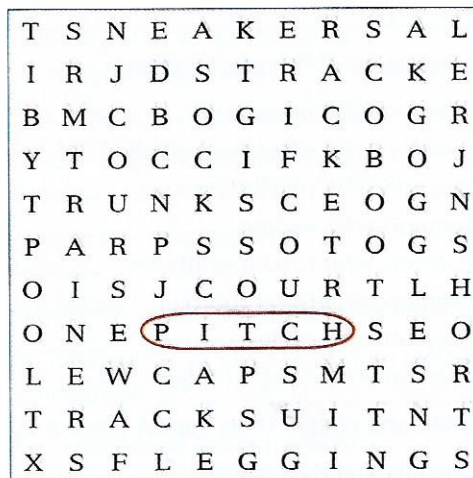
b Write sentences about the qualities you need for these sports.



- 1 You have to be tall
and have long legs.

Sports equipment and places

2 Find words for sports equipment and places.



1 Five places to do sport:

p itch, p _____, t _____, c _____,
c _____

2 Three things you wear on your feet:

b _____, s _____ /
t _____, s _____

3 Three things you wear to go swimming:

c _____, g _____, t _____

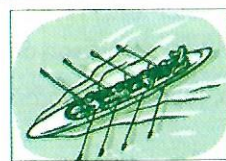
4 One thing you use to play tennis:

r _____

5 Three things you wear to do athletics:

t _____, s _____, l _____

2



3



4



5